

# 2010 NORTH DAKOTA HIGH SCHOOL COACHES CROSS COUNTRY POLL

24 Coaches Voted in this weeks poll

Date: October 6, 2010

## Class B Girls:

### Teams

- 1 Rugby
- 2 Parshall
- 3 Velva
- 4 Killdeer
- 5 Carrington

### Individuals

- 1 Chandra Yankton (Rugby)
- 2 Taylor Palmer (Griggs County Central)
- 3 Alexis Woods (Parshall)
- 4 Alyssa Anderson (Benson County)
- 5 Sydney Kraft (Rugby)
- 6 Symbria Bell (New Town)
- 7 Sarah Grimm (Beulah/Hazen)
- 8 Keisha Schock (Washburn/Wilton)
- 9 Kara Kuntz (Velva)
- 10 Skye Schaper (Killdeer)

Other teams receiving votes:

## Class B Boys:

### Teams

- 1 New Town
- 2 Rugby
- 3 Beulah/Hazen
- 4 Grafton
- 5 Parshall

### Individuals

- 1 Ken Wells (Parshall)
- 2 Alex Baker (New Town)
- 3 Donovan Lambert (New Town)
- 4 Clyde Baker (New Town)
- 5 Jon Price (Garrison)
- 6 Adam Monson (Hatton/Northwood/Thompson)
- 7 Jaz Catterall (Beulah/Hazen)
- 8 Kyle Volk (Rugby)
- 9 Austin Smith (Grafton)
- 10 Garrett Thompson (Rugby)

Other teams receiving votes: Griggs County Central

## Class A Girls:

### Teams

- 1 Fargo Davies
- 2 Bismarck
- 3 Bismarck Century
- 4 Dickinson
- 5 West Fargo

### Individuals

- 1 Brecca Wahlund (Minot)
- 2 Tarin Lachowitz (Fargo Davies)
- 3 Alison Allmer (Jamestown)
- 4 Sarah Jacobson (Shanley/Oak Grove)
- 5 Alex Backlund (Shanley/Oak Grove)
- 6 Jessica Rosenau (West Fargo)
- 7 Jessica Lindsay (Grand Forks Central)
- 8 Alana Fischer (Bismarck)
- 9 Christine Baltezure (West Fargo)
- 10 Brittany Brown Otter (Bismarck)

Other teams receiving votes:

## Class A Boys:

### Teams

- 1 Bismarck
- 2 Williston
- 3 Grand Forks Central
- 4 Bismarck Century
- 5 Grand Forks Red River

### Individuals

- 1 Jake Leingang (Bismarck)
- 2 Francis Mendee (Grand Forks Red River)
- 3 Levi Sether (Bismarck Century)
- 4 Austin Todd (Bismarck)
- 5 Nate Peterson (West Fargo)
- 6 Shane Harlow (Grand Forks Central)
- 7 Paul Shafer (Grand Forks Central)
- 8 Waha Sem (Fargo North)
- 9 Brandon Scheel (Fargo Davies)
- 10 Nathan Donnelly (Williston)

Other teams receiving votes: